

Brief Biography

Education

Master of Arts in Counseling Psychology, University of Minnesota, Duluth, MN.
Logotherapy Associate, Viktor Frankl Institute of Logotherapy

Certifications and Licenses

2015 – 2018 **DAPA: Diplomat** Designation by American Psychotherapy Association
2014 – Present **CPC: Certified** Life Coach by Life Coaching Institute of Orange County
2007 – 2018 **BCPC: Board Certified** Professional Counselor, American Psychotherapy Association
2004 – 2018 **LPC-S: Licensed** Professional Counselor Approved Supervisor by Texas State Board
2003 – Present **Certified** Logotherapy Associate-Viktor Frankl Institute of Logotherapy
2001 – Present **LPC: Licensed** by Texas State Board of Examiners of Professional Counselors
1990/1994 **PA: Licensed** by Maryland Board of Physician Quality Assurance
1990/1994 **CPC: Certified** by Maryland State Board of Professional Counselors

Areas of Special Professional Training /Experience

- Brainspotting (BSP)
- Crisis Debriefing
- Emotional Transformation Therapy (ETT)
- Family Violence (child / spouse abuse)
- Individual, Family and Group Counseling
- Life Coaching
- Logotherapy
- Mindfulness
- Sexual Abuse Prevention and Treatment
- Suicide Prevention/Intervention
- Transactional Analysis (TA)
- Trauma Focused Intervention and treatment

Brief Work History

2001-Present **Clinic Director**/Owner, Life Guide Services, Plano, TX
2009-2015 **Clinical Director**, DARCC, Dallas Area Rape Crisis Center, Dallas, TX
2008-2009 **Clinical Director***, Victims Outreach, Dallas, TX
2002-2009 **Clinical Director**, The Turning Point, RCCCC, Plano, TX
1990-1994 **PA/Psychotherapist***, Private Practice, Bethesda & Gaithersburg, MD
1987-1990 **Senior therapist**, Montgomery Co. Crisis Center, Bethesda, MD
1983-1987 **Program Director**, Tarrant County Suicide/Crisis Intervention, TX
Program Supervisor, Parents Anonymous of Tarrant County, TX
1985-1987 **Adjunct Instructor of Social Work***, TCU (privileges only), TX

Community Service/Memberships/Honors

1998-Present **Texas PTA - (Honorary Life Member)**
2004-2008 **Collin Council on Family Violence**, Member
2003-2009 **Texas Association Against Sexual Assault**, member of board of directors
2006 **Texas State Advocate of the Year**, Texas Association Against Sexual Assault

* Part time position